

# Shirley Valentine

## DIETARY RESTRICTED MENU

### We need the following information from you:

1. Are you coming to the Brunch or the Evening show?
2. What is your table number?
3. What time would you like your meal served at?

### APPETIZER PICK ONE

#### Salad

Choice of Romaine or Baby Greens with your choice of toppings: Red Pepper, Carrot, Mushroom, Cucumber, Hard Boiled Egg, & Tomato. Served with Buttermilk Ranch or Balsamic Dressing or Balsamic Vinegar and Olive Oil

#### Vegan Salad Trio

Summer Fruit Quinoa, Cherry Tomato and White Bean Salad, AND Sundried Tomato, Roasted Artichoke and Mushroom Salad (Gluten Free, Nut Free, Dairy Free, VEGAN FRIENDLY)

#### Guaca-hummus Dip

(Gluten Free, Nut Free, Dairy Free, VEGAN FRIENDLY) Contains: Sesame seeds, Chickpeas, Citrus, Garlic, Olive Oil, Avocado, Peppers. Served with Gluten Free Crackers (May Contain Dairy) or Hand Cut Vegetables

#### Chilled Shrimp Martini Chilled Shrimp Martini

Chilled Shrimp Served with inhouse made Cocktail Sauce and Lemon Curl.

### DESSERT PICK ONE

#### Crème Caramel

(Gluten & Nut Free, Contains Dairy & Egg)

#### Mango and Lemon Sorbet, with Berries

(Gluten and Dairy Free, VEGAN FRIENDLY.)

#### Chocolate Vegan Cake

(Gluten, Nut, Dairy Free, VEGAN FRIENDLY, CONTAINS: Coconut Oil, Soy)

\*Made in a bakery where there may be traces of nuts\*

#### Fruit Plate

(Gluten, Nut, Dairy Free, VEGAN FRIENDLY)

#### Sugar Free Vegan Chocolate Cake

(Gluten, Nut, Dairy Free, VEGAN FRIENDLY)

### MAIN COURSE

#### PICK (ONE) MEAL

##### 8 oz Striploin Steak

(& how would you like it cooked?) (Gluten Free, Dairy Free, Nut Free)

##### Oven Roasted Chicken Breast

(Gluten Free, Dairy Free, Nut Free, CONTAINS: Soy)

##### Pan Seared Salmon

(Gluten Free, Dairy Free, Nut Free)

##### Eggplant Paprikash with Tofu Sour Cream Drizzle.

##### Option to add Plant Based Protein Crumble.

(No Sulphites. Contains: Sesame Seeds, Soy, Garlic, Lemon & Peppers)

##### Halal Options:

(Choice of 1) Please order 72 hours before your scheduled show date.

##### Braised Beef with Root Vegetables and Potatoes

##### Authentic Indian Butter Chicken with Basmati Rice and Naan Bread

##### Pan Roasted Cod with Lemon Butter

#### PICK (ONE) SAUCE/SEASONING

##### Coconut Lime Cilantro Sauce

(Gluten Free, Dairy Free, Nut Free, VEGAN FRIENDLY), Contains: Mustard, garlic, coconut)

##### Classic Tomato Sauce

(Gluten Free, Nut Free, Dairy Free)

##### Vegan Mushroom Brown Gravy

(Gluten Free, Dairy Free, Nut Free, VEGAN FRIENDLY, CONTAINS: Soy)

##### Salt & Pepper

##### Served with Seasonally Inspired Steamed Vegetables & PICK (ONE) SIDE:

##### Herb & Olive Oil Roasted Baby Potatoes

(Gluten Free, Nut Free, Dairy Free, VEGAN FRIENDLY)

##### Tangy Mashed Potatoes

(Gluten Free, Nut Free, CONTAINS: Dairy & Yogurt)

##### Steamed Rice

(Gluten Free, Nut Free, Dairy Free, VEGAN FRIENDLY)