

Dietary Restricted Meal Menu

Vegas Live

- I need this information from you:
 1. Are you coming to the Brunch or the Evening show?
 2. What is your table number?
 3. What time would you like your meal served at?

1) APPETIZER (PICK ONE)

Salad

Choice of Romaine **or** Baby Greens with your choice of toppings: Red Peppers, Carrot, Mushrooms, Cucumber, Hard Boiled Egg, Tomato

Served with Buttermilk Ranch **or** Balsamic Dressing **or** Vinegar and Oil

OR

Hummus Dip

Sesame Seeds, Chickpeas, Lemon, Garlic, Olive Oil

(Gluten Free, Nut Free, Dairy Free, **VEGAN FRIENDLY**)

OR

Chilled Seafood Platter: Chilled Shrimp, Salmon Gravlox, Smoked Peppered Mackerel, Marinated Seafood Salad

OR

Iceberg Wedge Salad: Iceberg Lettuce, Pickled Beets, Goat Cheese, Tangy Orange Dressing (**Gluten Free, Contains Dairy**)

2) MAIN COURSE (Pick ONE from each option)

PICK (ONE) MEAL

6 oz Beef Striploin Steak (& how would you like it cooked?) (Gluten Free, Dairy Free, Nut Free)

OR

Grilled Chicken Breast (Gluten Free, Dairy Free, Nut Free, **CONTAINS:** Soy)

OR

Pan Seared Atlantic Salmon Fillet (Gluten Free, Dairy Free, Nut Free)

OR

Vegan Roasted Vegetable Pasta: Grilled Vegetables, Vegan Friendly Rotini Pasta, Vegan Cheese, and Tangy Tomato Sauce

(Gluten Free, Dairy Free, Nut Free, **VEGAN FRIENDLY**)

OR

Butternut Squash Ravioli (Vegetarian) Goat Cheese, Sundried Tomato and Basil Cream (**Contains:** Dairy, Sulfites)

PICK (ONE) SAUCE/SEASONING

Savory Tomato Sauce and Basil (Gluten Free, Dairy Free, Nut Free)

OR

Roasted Garlic Cream (Gluten Free, Nut Free, **CONTAINS:** Dairy)

OR

Classic Beef Gravy (Gluten Free, Dairy Free, Nut Free, (**CONTAINS:** Soy)

OR

Salt and Pepper

Served with Seasonally Inspired Steamed Vegetables & PICK (ONE) SIDE

Herb & Olive Oil Roasted Baby Potatoes (Gluten Free, Nut Free, Dairy Free, **VEGAN FRIENDLY**)

OR

Mashed Potato (Gluten Free, Nut Free, **CONTAINS:** Dairy)

OR

Steamed Rice

3) DESSERT (PICK ONE)

Vanilla Crème Brule (Gluten & Nut Free, **Contains** Dairy)

OR

Selected Fruit Sorbet, with Berries (Gluten, Nut, Dairy Free, **VEGAN FRIENDLY**)

OR

Coconut Chocolate Vegan Cake (Gluten, Nut, Dairy Free, **VEGAN FRIENDLY**, **CONTAINS:** Coconut Milk, Soy)

Made in a bakery where there may be trace of nuts

Walnut and Carrot Cake (**Vegan Friendly**) (**Contains** walnuts and or tree nuts, soya) Dairy Free